

#	Video	Min.	Description	Test
1501	A Foot Closer To Safety	5	The necessity of proper foot protection & basic safety shoe	
1401	ABCs Of Landscape Pruning	20	Covers the purpose and proper techniques of pruning	
901	Accidental Investigation	10	How to investigate and determine accidents	
101	Alcoholism In The Workplace	9	Highlights the hazards of alcohol use on the job or being under the influence of alcohol when reporting to work	X
301	Alum-A-Pole Scaffolding, Pro Trim Vinyl Coil & Brake Upgrade System	50	Basic guideline for use of this system	
801	Amputation Injuries	5	First aid can save the life or limb of amputation victims	
1201	Asbestos Awareness for the Mechanical Trades			
1202	Asbestos Cement Pipe	5	Help your affected employees minimize their risk of exposure to this carcinogen.	
902	Back In Shape	17	Using a unique format, this video covers back injury prevention for on and off the job.	
1301	Back Injury Prevention through Exercise	7	Simple stretching exercises can prevent back and pain injury that affects 8 out of 10 people in their lifetime. Emphasize the importance of exercise in back injury prevention	
501	Back to Basics for Ready Mix Drivers	6	Correct lifting for cement drivers	
1302	Back to Basics	5	Reduce your back injuries	
502	Backhoe/Loader Operations (A)	8	Inspection and safety cautions of operations	
503	Backhoe/Loader Operations (B)	9	Explains basic operation maintenance, general safety practices and operating rules.	X
903	Barricade Tape	5	The danger of temporary hazards and respect for tape barricades	
302	Basic Electrical Safety	6	Awareness about electrical safety	
303	Basic Electrical Safety on the Jobsite	11	Explains how to avoid specific electrical hazards and meets mandatory training requirements in electrical safety	X
802	Basic First Aid Part 1 & Basic First Aid Part 2	10	Everybody should know First Aid & Your actions during the early moments of medical emergency are critical	
1516	Battling Fatigue			
904	Blood borne Pathogens/Construction	17	Designed to prevent exposure to HBV, HIV, and other blood borne illnesses, this video explains the precautions necessary when administering first aid at a construction site	X
905	Box Cutter Safety	8	Box cutter injuries are not caused by the cutter but by the lack of training of the employee	
906	Call Before you Dig Anything	8	Aspects accentuated in this training program include the need to contact necessary authorities before digging and guidelines for prevention of accidents associated with excavation	X
907	Case for Safety	12	Using a Charles Dickens 'Christmas Carol' theme, this award-winning program follows the ghost of a former employee who returns to haunt a long-time employee who as become extremely lax about safety and who is going to be involved in a fatal accident	
908	Chain Saw Safety	6	Chainsaws can do a lot of damage if not used properly	
1101	Chlorine Safety	12	Covers proper procedures that can prevent a deadly accident, and increase awareness of this hazardous chemical.	

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201	Clearing the Air	12	Entering confined spaces safely	
601	Computeritis	5	Is a cumulative trauma disorder that stems from repeated striking of computer keys	
102	Confined Space Entry	11	Explains the rules, policies and emergency procedures necessary for working in or entering a confined space and meets training requirements for employees working in this environment	X
504	Construction Fork Lift Safety (Warehouse) (A)	15	Details forklift engineering principles, safe operating rules and operator maintenance. Excellent program to improve forklift performance and safety on the job site	X
505	Construction Fork Lift Safety (B)	16	Review of safe operations	
304	Construction Safety	15	Construction workplace safety	
407	Control of Hazardous Energy Source (Lock Out/Tag Out)	10	Basic requirement for controlling energy sources	X
804	CPR 2000	30	Designed to be used by CPR instructors, this program trains employees on infant, child, and adult CPR.	
506	Crane Safety	13	Provides basic safety guidelines and is designed for anyone operating an outdoor crane or working near them. Includes pre-operation inspection, work area awareness, power line contact and crane stability	X
507	Crane Safety: Awareness for Site Superintendent	8		
508	Crane Safety: Outrigger Support & Stability	5	Workers may be at risk when a crane tips. Avoid accidents by using outriggers & adequate mats	
1601	Customer Accident & Third Party Liability	13	Well-prepared employees can save you costly law suits! Educate your employees what to do in the event of an accident where a non-employee may make a claim.	
530	Danger on the Dock		Danny Works on the loading dock and he's scared senseless. He sees hazards all around him; falls back injuries, truck mishaps. The danger of working with a lift truck in dimly lit confines has him frozen in terror. Learn how to survive- "The Danger on	
509	Danger: Hazard Duty			
103	Diet-Nutrition-Cancer Prevention	11	Increase health awareness and motivate employees to make positive changes! This video includes 7 easy-to-implement diet guidelines, as well as food choices and preparation tips for cancer prevention.	
909	Dig Safely	6	Call before you dig	
510	Digging Up Trouble	5	How to dig safe with equipment	
511	Dock Safety - Lift Trucks			
910	Documentation Of Safety Efforts	11	For legal protection, your company must be able to provide regulatory agencies with written documentation of your training and safety efforts. Use this video to train your company on these skills.	
512	Driving in the Safety Zone	7	Safety on mowing equipment	
513	Driving Like A Pro	12	Safe Forklift Operations	
911	Drug Abuse And What to Do About It	22	Designed for supervisors and gives guidelines in dealing with employees' performance or conduct problems related to suspected drug and alcohol abuse	X

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912	Drug Testing in the Workplace	11	Substance abuse increases accidents, injuries and illnesses	
514	Dump Truck Safety	15	Emphasizes job site safety and the procedures necessary for anyone who operates a dump truck, with reminders of daily maintenance inspections and loading/unloading procedures	X
1602	Effective Safety Committees	12	Only half of all safety committees achieve what employees and managers anticipate	
104	Emergency Action Plans	6	Know how to escape from your workplace before an emergency occurs	
1701	Employee Fall Protection	21	Exceptional training tool that highlights use of the body harnesses, shock absorbing lanyards, swing effect, rope grabs and retractable lanyards	X
1102	Employee Hazard Communication (for Painters)	20	Making you aware of the hazards on the job	
106	Employee Responsibilities	5	Failure to comply with these responsibilities can lead to accidents	
602	Ergonomics: Solving The Problem	18	Musculoskeletal disorders and causes	
305	Excavation	23	Overview of OSHA Excavation standard	
317	Excavation & Trenching on Solid Ground			
306	Excavation and Trenching Shoring	25	Improving workers safety for contractors and workers	
515	Extending Your Reach	14	Construction Forklift Operation Program	
516	Extending Your Reach, Forklift Safety, Peer Pressure, Danger-Hazardous Duties Dock Safety, Lift Trucks	18	Training Video	
1502	Eye Injuries	6	Eye protection safety and PPE	
1503	Eye Protection	10	The emphasis of this training program is to make employees more aware of their responsibility of wearing eye protection when necessary. It also describes the different types of protection and first aid procedures	X
1504	Eye Safety	20	Avoid injury by following your companies safety rules	
701	Fire Extinguisher Safe Use	6	Knowing when and how to use a fire extinguisher	
702	Fire Extinguisher Training	20	Explains the various classes of fires, different types of fire extinguishers, the keyword PASS and other tips for emergency use of fire extinguishers	X
703	Fire Prevention	12	Follow your companies procedures	
1001	Fire Prevention - The Gory Story	15	Video will dramatically influence your employees concerning the need for greater prevention of fires. It contains powerful live footage and very graphic photos of burned persons. It conveys the need for proper handling of flammables, bonding/grounding a	
803	First Aid For Bleeding	5	Learn to help control bleeding with basic first aid procedures	
107	Fitness & Wellness		By using the 'road to health' as a metaphor, improve employees' health and reduce lost work days.	
517	Fork Lift & (PIT) Powered Industrial Truck Training	21	Review of safe operations	

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307	Framer Safety	17	An excellent video to introduce or review common jobsite hazards that meets the requirements for framer training. A variety of topics are covered, including: personal protective equipment, tool safety, electrical safety, ladder use, forklifts, lifting, ma	
308	Framer Safety	16	Basic safety policies and procedures for the job	
913	Gas Cylinders-Overview	6	When mishandled, compressed gas cylinders can pose serious hazards	
914	General Safe Work Practices (A)	12	Review of safe work practices	
915	General Safe Work Practices (B)	12	Outlines basic job responsibilities including safe work practices, housekeeping, safe lifting, personal protective equipment and meets requirements for training in exposure to general hazards	X
916	Gimme Safe Or Get Me Outa Here	16	A 'Saturday Night Live' type comedy presentation. Your employees will love this one!	
2001	Good Driving is an Attitude	6	Good driving is a conscious effort	
401	Ground Fault Circuit Interrupter	11	Train employees in the use of GFCI's. Explains how the system works and the elements of the mandatory GFCI written program	X
402	Ground Fault Circuit Interrupters & Electrical Safety	10	Protecting you and employees from equipment electrical shock	
403	Ground Fault Protection on Construction Sites (OSHA)	14	Prevent electrical shock on construction sites	
1505	Grounds keeping Safety	17	Keep yourself safe with personal protective equipment	
1901	Hand & Power Tool Safety (A)	13	This is an excellent program to help reduce injuries when using hand and power tools. Explains electrical safety impact tools wrenches cheater bars and miscellaneous safety when using hand and power tools. Emphasizes safety behavior and attitude	
1902	Hand & Power Tool Safety (B)	7	A good safety attitude is the key to injury-free use of hand and power tools	
1903	Hand & Power Tool Safety (C)	13	Designed for all employees who use hand and power tools, this program places emphasis on individual responsibility, equipment care and safety rules relating to this equipment.	X
1506	Hand Aware	17	Accidents to hands and fingers are the most common type of work injury. Cuts, abrasions, burns, amputations - the trauma and disability that flows from such accidents can impact significantly on production and morale	
1002	Hand Injuries - The Gory Story	14	This motivational stimulating training program uses photographs and video to illustrate the serious need for hand safety. It follows an injured person, "Bob", from his injury, through surgery and to recovery. It contains extremely gruesome photos of peo	
1507	Hand, Finger and Wrist Safety	13		
2005	Hapless Hal			
1103	Hazard Communication (A)	6	Your right to know, treat all chemicals with respect (MSDS)	
1104	Hazard Communication (B)	14	Outstanding program for meeting hazard communication training requirements as it addresses chemical safety, labeling and Material Safety Data Sheets	X
1105	Hazardous Energy Source Lockout/Tagout	10	Explains the basic procedure , terminology and general requirements for Lockout/Tagout of hazardous energy sources	

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1106	Hazpower Video 1	60	Info on Hazardous waste operations and emergency responses	
1107	Hazpower Video 2	60	Info on Hazardous waste operations and emergency responses	
805	Head Injuries	10	Learn to treat minor injuries and to recognize signs & symptoms of more serious injuries	
1203	Hearing Conservation	12	Outstanding program details how hearing loss is acquired through noise, what type of protection to use and employee responsibility to wear the equipment when required	X
1204	Heat Stress (A)	12	How to keep cool	
1205	Heat Stress (B)	9	Emphasis in this program includes protection in high temperatures/high humidity environments, precautions to avoid heat stroke, heat exhaustion and procedures of basic first aid	X
1003	High Impact I	12	This video shows explicit pictures of industrial injuries to illustrate the need for compliance with safety procedures. Viewers should be warned that this video contains extremely graphic pictures	
1004	High Impact II	11	This video is second in the series featuring photographs of seriously injured persons. This program is designed to inspire safety conscious thoughts and actions. It includes photos of arms, legs, and hands and addresses other topics that are routinely a	
404	High Voltage Electrical Safety	29	Safe grounds and GFCI	
704	Home Fire Prevention	18		
1508	Horrific Accidents; The Facts	10	Personal protective equipments prevents injuries	
309	Housekeeping & Accident Prevention	12	How to prevent accidents	
310	Housekeeping on the Jobsite (A)	10	How to keep a clean, neat and orderly jobsite	
311	Housekeeping on the Jobsite (B)	10	Emphasizes individual responsibility, importance of housekeeping and how they can improve overall safety efforts	X
917	Housekeeping Responsibilities	5	Employee's are responsible for their area	
1603	How to Develop Safety Program-Conduction a Safety Audit-Superintendent/Supervisor Safety Responsibility	24	It's the supervisors responsibility for safety on the employees	
1108	How to Select & Safely Use Herbicides	14	An in-depth examination of safe and effective weed control with an emphasis on in-field safety.	
1110	In the Know: Hazard Communication for the Mechanical Trades	11		
1206	Industrial Ergonomics Humorous Version	20	fun approach that keeps your employees' attention.	
518	Intro to Powered Industrial Trucks (Danger on the Dock)	7		
1702	It's No Game: Fall Protection	15	OSHA regulation to decrease falls in construction	
918	Job Hazard Analysis What Employees Can Do	9	Simple techniques for performing safety audits. Teaches employees to work more safely and effectively by learning a simple technique when performing safety audits.	
1703	Ladder Safety In Construction	9	Safety requirements for step and straight ladders, belt buckle rule, 4:1 ratio and how to reduce ladder injuries due to incorrect procedures or unsafe behaviors	X
1704	Ladder Safety	7	The safe and proper way to use ladders	

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1402	Landscape Maintenance Safety	17	Hazard with landscape and actions to prevent accidents	
603	Lifting Safely in Construction (A)	10	Aging of the spinal disc material	
604	Lifting Safety in Construction (B)	12	Aspects of this training program include how the back functions, safest methods of lifting and prevention of back injury	X
202	Limited Spaces: Attics, Basements, and Crawl Spaces	6	Know the hazards before entering and take appropriate precautions	
405	Lockout/Tagout (Hazardous energy sources) (A)	6	Equipment scheduled to be worked on needs to be locked out and/or tagged out so it won't operate	
406	Lockout/Tagout (Hazardous energy sources) (B)	7	Controlling energy sources when installing or servicing equipment. Common LO/TO situations. Authorized and affected employees. LO/TO devices, procedures and special situations	
519	Machine Guarding & Conveyer Safety	17	Basic machine guarding and conveyor safety	
1509	Maintenance Person Safety	5	Is the maintenance person using his personal protective equipment on the job	
520	Moving On Up; Using Aerial Lifts Safely	12	How to inspect and use the lifts safely	
1005	My Precious Eyes	13	This high-impact gory video relates to eye protection. It discusses diseases of the eye, approved eye protection and eye injury prevention. This graphic video exhibits a variety of eye traumas, eye diseases and motivating scenes of eye injuries. It als	
1904	Nail & Staple Guns	7	Shows how not to use pneumatic nail and staple guns	
605	Office Ergonomics Humorous Version	19	Teaches physiology of the body.	
919	OPC Machine	6	Explains how the Physical Capacity machine works	
312	OSHA: Construction Safety	12	Basic safety rules for construction	
521	OSHA: Crane Safety	8	How to operate cranes safely and have basic knowledge of the equipment	
313	OSHA: Scaffold Training			
522	Overhead Cranes	7	Help avoid accidents, follow procedures for inspection, safe operation and preventative maintenance	
938	Peer Pressure		Peer Pressure in the workplace can cause us to ignore vital safety practices. Learn how to identify and deal with pressure from detrimental aspects of peer pressure and how they can help and hurt you. In the telling of the story, fork lift operations ar	
1510	Personal Fall Arrest Systems	6	Know your equipment and it's limitations	
1511	Personal Protection Equipment (A)	6	Protective equipment wear	
1512	Personal Protective Equipment (B)	10	Explains the various types and demonstrates the use of personal protective equipment	X
1513	Personal Protective Equipment (C)	5	Safety Series on Personal Protective Equipment	
408	Portable Generators	6	Portable generators can provide safe and dependable services if operated properly	

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1905	Portable Grinders and Abrasive Wheels	13	Excellent for anyone handling portable grinders and abrasive wheels. Includes ring testing, safe handling, injury prevention and general safety rules associated with this equipment	X
1906	Powder Actuated Tools	10		X
409	Power Line Hazard	17	Power line contacts is the #1 killer	
108	Power of Teamwork		This video provides valuable insight into how three corporate organizations have used teams to improve the way they do business, which demonstrates to employees just how successful the use of teams can be in today's competitive business environment.	
920	Precautions Pay: Protect Yourself Against Blood borne Pathogens	10	How to protect yourself against blood borne pathogens	
921	Preventing Injury Incidents On the Job Site	9	Include increasing safety awareness and improving personal accountability for behavior on the job	X
2002	Pulling Trailers	6	When you tow a trailer you face new and different challenges on the highway	
523	Ready Mix Drivers Safety	20	Day to day driving for ready mix driver and inspection of equipment	
922	Reduce Accident Rates by as Much As 90%!	10	accident reduction influenced by training with Safety Shorts	
606	Repetitive Stress Injuries - Construction	6	To help minimize or prevent these disorders, use proper work techniques. Stay alert for symptoms	
1514	Respirators and How to Use Them	10	An excellent program to use in the training of employees required to wear respiratory protection equipment, this video explains the difference types of respirators, how they are used, and their capabilities and limitations.	X
1515	Safe Drum Cleaning	10	Safe methods for cleaning inside a ready-mix drum	
1303	Safe Handling of Compressed Gas Cylinders	8	Demonstrates the procedures necessary for handling compressed gas cylinders safely and the potential hazards of unsafe use	X
1304	Safe Lifting	6	How to prevent back injuries	
923	Safety Excellence Initiative			
924	Safety Orientation	14	This video is an overview of safety attitudes and practices, and includes accident prevention, safe work practices, emergency preparedness, and more.	
925	Safety Orientation for the Painting Industry	20	It's a team effort working together to get the job done	
926	Safety Signs	6	Safety signs play a major role in preventing accidents	
314	Scaffold Safety (A)	11	Basic review on scaffolds and how to properly use	
315	Scaffold Safety (B)	8	Basic safety rules, operating procedures and how to use scaffolds safely are covered in this training program that is designed for anyone who is working on or near scaffolding	X
316	Scaffold Safety at All Levels	17	Safety at all levels of a scaffold	
109	Sexual Harassment	6	Your rights and responsibilities. Sexual harassment in the workplace is illegal	
524	Shake Hands with Danger	23	Do not take short cuts on safety procedures	
1907	Shop Safety - Welding	20	Motivates employees to control hazards	

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927	Signs and Barricades	10	Provides an overview of the different types of signs and barricades used on construction sites. Following instructions and restrictions associated with the use of these signs are two of the points stressed	X
1109	Silicosis	6	What you can do to protect yourself from this deadly disease	
531	Skid Steer Operator training	22		
525	Slings	5	Whenever slings are used there is a potential for accidents and injuries	
526	Slips & Falls in Construction (A)	10	Using a proactive approach, this program highlights the individual responsibility for injury prevention	X
527	Slips and Falls in Construction (B)	10	Preventing slips, trips and falls on construction sites	
110	Smoking	6	Each year millions of smokers attempt to kick the habit	
928	Space Heaters	6	Hazards of portable space heaters	
1801	Steel Erection (CD ONLY)		Fall Protection, Multiple Lift Rigging Procedure, Structural Steel Assembly, Open Web Steel Joists, Panelized Joist Erection, Pre-Engineered Metal Buildings, Installation of Steel Decking, Site Conditions & construction sequence, Precast Concrete Erection	
929	Subcontractor Safety Orientation	11	Provides excellent training for subcontractors to help reduce liability and injury exposures	X
111	Substance Abuse Prevention in Construction	11	Working for a DRUG FREE workplace	
1604	Superintendent/Supervisor Safety Responsibility	12	Assists supervisors in understanding their responsibilities, legal liabilities, potential exposures and improving supervisors' safety performance on the job	X
1605	Supervisor Criminal Liability	5	Supervisors are responsible for safety policy enforcement	
1606	Supervisor Safety Responsibilities	7	You are responsible and accountable for safety	
1607	Supervisor's Legal Responsibility for Safety	7	Supervisors are responsible for implement and enforcing safety rules	
528	The Big Reach	8	Every person that works near or with cranes should understand the basic safety rules	
930	The Good Old Days of Safety	12	The "best ever" for its subtle humor and safety message. Contains black and white footage from the National Archives showing the safety efforts from the 1920s, 1930s, and 1940s. It's non-offensive, humorous, yet powerful motivator for safety education and	
931	The Profitability of Safety	14	Safety can make you money	
932	The Right Approach: Accident Investigation for the Mechanical Trades	10	Accident Investigations	
1207	The Safe Approach: Asbestos Awareness for the Mechanical Trades	10	Asbestos awareness	
318	The Safe Set-Up Scaffold Safety	12		
933	Ticks Disease Prevention	17	Increase awareness of tick-related diseases! This video motivates and instructs employees how to inspect for, remove, and prevent bites from ticks.	
934	Traffic Control/Flagger Safety	13	Outstanding program for anyone who is assigned the task of traffic control/flagger. It explains proper equipment use, operating rules and professional attitude for use during this job assignment	X

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319	Trenching and Shoring Operations	12	Safety rules, requirements and emergency procedures are explained in the training program designed for those employees assigned the job of trenching and shoring	X
2006	Truck Mixer Driver Safety Training			
529	Up, Up Aware	6	The trucks and hazards of working with aerial and other types of lifting platforms are shown	
2003	Vehicle Safety (Driving On The Road)	17	Designed for anyone operating a vehicle on the road, this video emphasizes the need for wearing seat belts, driving defensively, following rules of the road and presents general safety awareness	X
532	Warehouse Powered Truck Forklift	21		
935	Weekly Accident Wrap Up	5	This unique video uses a 'sports highlight' theme to show employees the accidents that occur at a typical facility during just one week. Also, this fast-paced program features 10 graphic accidents along with worker testimonies.	
1908	Welding Safety	13	The proper use of a cutting torch and welding	
936	What is Carelessness	4	Trying to redefine the things supervisors and employees call careless	
203	Whose Job Is It Anyway	6	Failure to do your job during confined space entries can lead to fatal mistakes	
2004	Winter Driving	6	How to avoid slipping and sliding while driving on snow and ice	
1705	Working Safely at Height	6	Don't wait for somebody to fall at work before you take height safety seriously	
937	Workplace Fatalities	6	Learn the common causes of accidents and be alert for hazards	
112	Your Frontline On The War Against Drugs	6	WAR AGAINST DRUGS	